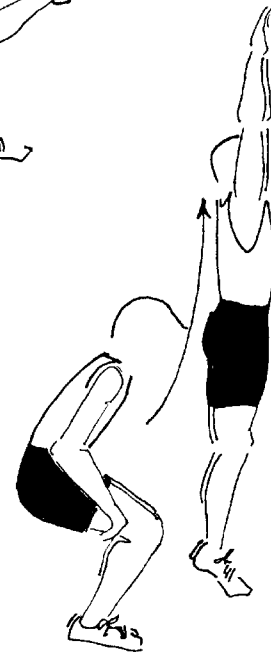
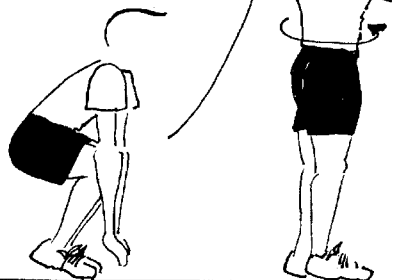
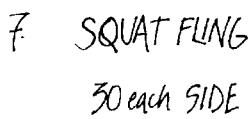
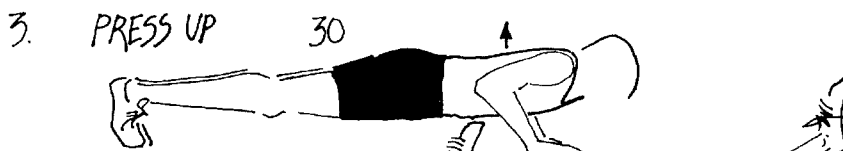
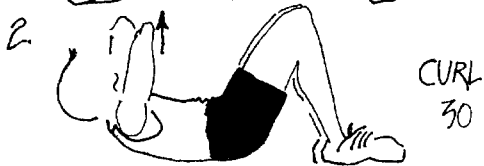
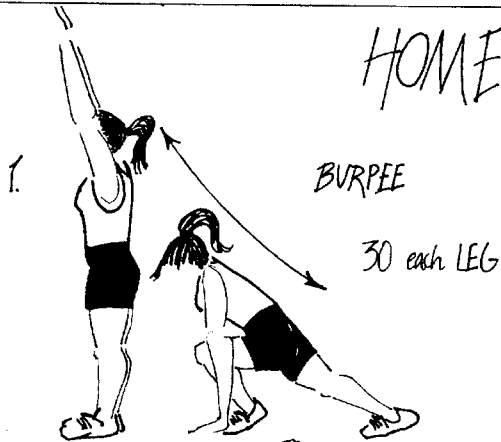
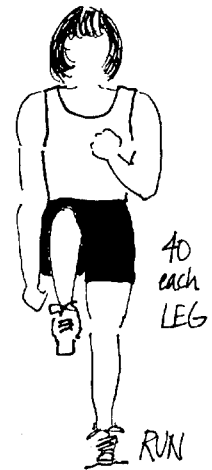


HOME EXERCISES



SQUAT JUMP
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CHORUS:



RAF NOV '96