

Relative Greatness

Me vs. Me

- Competition with self guarantees continued growth and increases our potential for “living beyond ourselves”
 - “Living beyond ourselves” occurs when we implement discipline, effort, selflessness, and dedication to principle at levels beyond comfort and reason – we become the absolute best possible version of ourselves, beyond what was expected or even hoped for
 - Scoring more points than your opponent says nothing of your success or ability to intelligently direct your attention, engage in sustained effort, implement discipline, and experience joy
 - Relative growth during competition is the truest sign of victory
- How much have I grown in and through competition vs. how much I could have grown?*
- The competition serves to motivate us to higher levels of performance; therefore, they are not our enemies but our greatest advocates