

# Rowperfect

## **Test for a Main shaft that may be bent**

It's easiest to do this with an assistant – one of you sits on the RP and the other moves the chain

1. Pull the chain out and hold the flywheel section stationary.
2. Put your hand over the flywheel cage and touch your fingers onto the wheel itself
3. with a light finger pressure hold the flywheel still as you slowly recoil the chain.
4. You should be standing to the left side of the machine and looking at the flywheel from the rower's position (end on).
5. While doing this look at the edge of the flywheel and feel with your finger
6. What do you see and feel?
7. There should be no side to side movement of the flywheel during recoil.