

Rowperfect (UK) Limited

Rowperfect Construction – Child’s Play!



Package of bolts supplied



Machine box, top layer removed



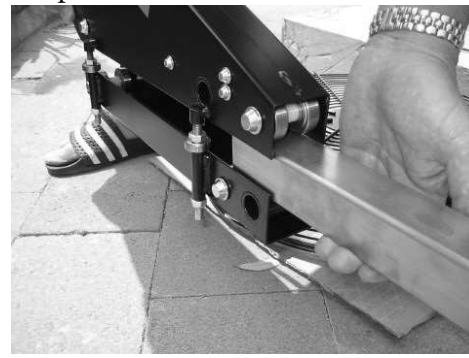
Flywheel lifted out – ready, steady, go!



Wipe bar with lubricant & clean cloth



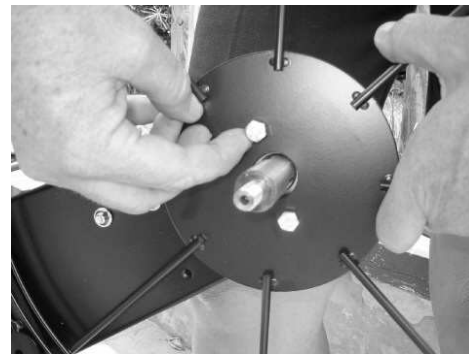
Fix rear leg to 'bent' end of bar,
slide on seat from other end.



Slide main housing onto bar, fix front leg



Remove both hand tightened nuts
at main shaft



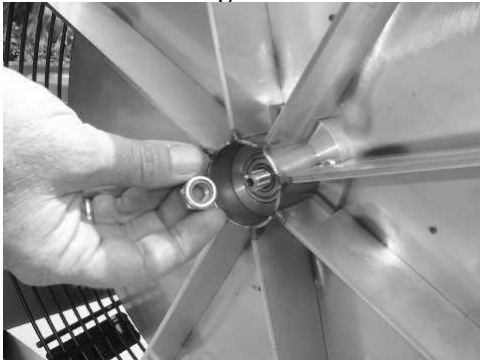
Fit flywheel cage over main shaft,
re-fix bolts, tighten



Guide plate fits between cage & main housing, using 2 longer bolts



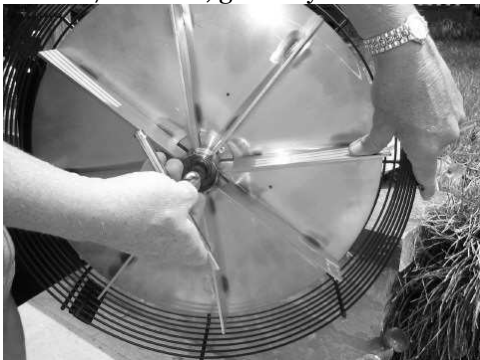
Fit plate to other side using 2 shorter bolts



Fit flywheel, vanes facing out, fix with 17mm bolt, green nylon washer out



Tighten bolt to main shaft



- IMPORTANT -
Back off tension 5° – i.e. a very small amount



Fit cage cover, fix with 4 capped nuts
Finger tighten



Fit spacer bar & roller to guide plates



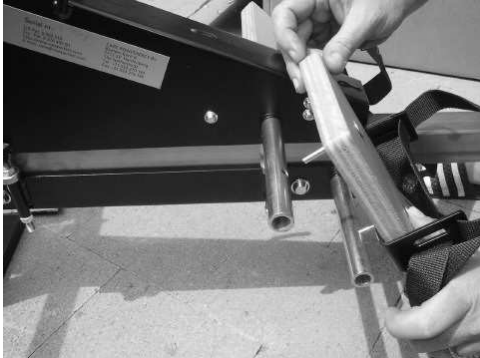
Pull out chain and slide on handle bolt through keyhole piece



Bolt handle to curved piece, washers inside recessed holes, tighten



Ensure footstretcher on correct sides; angled plate on inside, against bar



Fit foot stretchers to bars with 4 flat top bolts – note: angled plate inside.



Alternate power strokes with light pieces



After use, put your toys away and hang out your gear to dry!